

# VIRGINIA RIDER

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Magazine™

## The 11th Annual Pink Ride

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# KRUNCH

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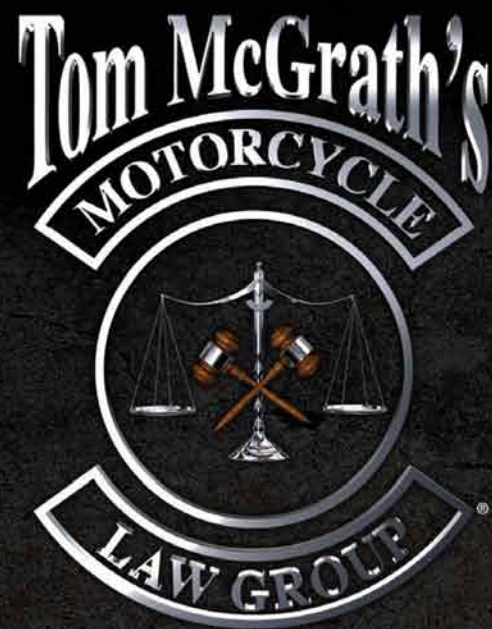
[thepinkride.org](http://thepinkride.org)

See article inside for more information

AUGUST 2019

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**AUG 16TH: HRHD BIKE NIGHT**

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**AUG 17TH: INFOTAINMENT & BOOM! AUDIO WORKSHOP**

**AUG 24TH: BIKE SHOW/ BIKINI CONTEST & LIVEWIRE EVENT**



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## from the editor's desk

Greetings Virginia riders, motorcycle enthusiasts & those who are just curious! We've got so many incredible things to tell you about this month! First off, we'd like to thank YOU, the readers, for being here with us online at our site, through email & in print. Whether you're a new reader or you've been with us from the very start, we want you to know how much we appreciate your support - we couldn't do this without you! We want to bring you the topics that impact your life as a Virginia motorcyclist, on & off the road. We are always open to suggestions for new features & items that you'd like to see. This is magazine is for YOU so drop us a line & let us know what you'd like to see!

This month we cover some "good for you" info to help you get a good night's sleep before you ride with a healthy bedtime snack. You may laugh or even snarl at them but "Mopeds" are making headlines in our new feature "Making Trax" brought to you by our friend Jennifer Traxler. -Going on a road trip on your bike & not sure how you're going to carry everything?...well we've got you covered with info from the AMA to help you pack your bike. -The Motorcycle Law Group brings us some excellent info to know about motorcycle lighting & also about motorcycles as salvage vehicles. -And, Marc & Rose take you on another exciting adventure in search of great places to ride!

You'll always find the very best rider-friendly businesses in the state throughout our pages. Sometimes it's hard to know who you can count on & trust for great quality products & services. Our rider-friendly businesses are ones that we not only support but also highly recommend to our readers & to everyone. The cool thing is that these businesses also support US! When you see an ad in our magazine, you'll know that particular business's advertising dollars is bringing you the issue of Virginia Rider that you're reading. They're here not only supporting US but they're here to support YOU too!

Speaking of rider-friendly, in addition to the incredible businesses that are here with us every month who we greatly appreciate, we'd like to give a Big shout out to some amazing folks joining us this month!...Appalachian Back Roads who will be bringing us the most incredible motorcycle roads in the state, Manassas Honda Kawasaki Suzuki, Pete's Custom Cycles, Precision Motorcycle, Ridge Rider Cabins & Tim's at Lake Anna!... We're so happy to have you with us - Welcome Aboard everyone!!!

We try hard to keep our events up to date but just to be sure that you have the latest info, check our facebook & our website virginia-rider.com as we post events as soon as we can when they come in. If you have an event coming up & it's not listed in our calendar, be sure to email it to us at [virginiaridermagazine@yahoo.com](mailto:virginiaridermagazine@yahoo.com).

We hope you enjoy this issue of Virginia Rider as we wrap up our final month of summer & get into some of the best riding weather of the season coming up! Thanks so much for being here with us. Keep those pictures coming for SHOTZ & please stay in touch on our facebook page too! Here's wishing you safe travels on the road wherever you may roam.

Have a fantastic month ahead - we'll see you again in September!

Stay amazing,

*Kelly*

## IN THIS ISSUE



Jennifer Traxler of Wayne Cycle Shop makes her journalistic debut with us in her new monthly feature, **MAKING TRAX**. In this edition, she extols the virtues of the venerable Moped. They get 100 miles to the gallon and you don't need a driver's license. What's not to like?



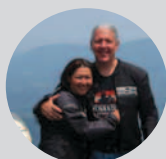
*Live if you want to live, That's what we got to give!* That's a lyric from the "other" Bob Marley, but it seems to be what this **BOB MARLEY** is all about. He has at least 1500 miles under his belt so far. Hmm...wonder what kind of dreams that fur of his would make? Very Rasta, mon!



**RIDING SEASON**, is going quickly! Keep up with every rally, show and ride happening. We'll list the latest here and on the website to keep your wheels turning. Be sure to send us your events.



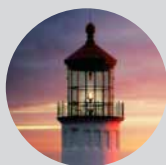
If you've got an older bike that you love and never want to part with, you'll want to read Matt Danielson's article about how current insurance law defines a salvage bike. See **TOM MCGRATH'S MOTORCYCLE LAW GROUP**



In this month's **GREAT PLACES TO RIDE**, Marc and Rose get more tech than they bargained for, have a run in with Captain Manslaughter (isn't he one of the Avengers?) and end up dining at Tim's at Lake Anna Restaurant and Crabhouse. Brilliant!



In **SHOTZ**, our monthly pictorial, we'll feature your pics of rides, bikes, friends and anything else relating to bikes that you'd like to share with us. Send 'em in!



The **LIGHTHOUSE** brings us some insight into leaning on the wisdom of God instead of our own limited ability to grasp solutions to our problems. Kathryn Hamman outlines it for us.



We've all got stuff - probably too much - and of course, we need to find a way to bring some of it with us on our bikes. The **AMA's** got seven ways to have your stuff and take it too.

Kelly Collins - Owner/Editor  
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ON OUR COVER:  
The Pink Ride is gearing up for their big charity motorcycle ride on Sunday, September 29th, featuring one of their favorite bands, KRUNCH. Don't miss it!



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# EVENTS

## BIKE DAYS & NIGHTS

### CHARLOTTESVILLE:

First Tuesday of every month-May through September, 7pm to 9pm, 3912 Lenox Avenue · Charlottesville, VA Mission BBQ, BJ's Restaurant & Brewhouse, Qdoba Mexican Eats, Uncle Maddio's Pizza. This is a monthly meet up and will be held on the first Tuesday of each month. We hope to see you there to meet other riders and share some good times and find new friends and rides to go on. If you have any questions, please email [thomasedolan@gmail.com](mailto:thomasedolan@gmail.com)

### VIRGINIA BEACH:

Every Sunday, until Sep 1. Cycle Sundays. 1615 General Booth Blvd, Virginia Beach, VA 23454. Live Music at 3 p.m. / Happy Hour 1 p.m. - 6 p.m. / Free no hassle parking for everyone. \$1.50 hot dog, 70 cent wings, \$1.00 off burgers. Free swag giveaway from Southside Harley-Davidson  
Every Thursday. Big Woody's VB/Southside Harley Bike Night. 1615 General Booth Blvd, Virginia Beach, VA 23454. 7pm to 11pm.

★ **Aug 10 Sturgis Open House & Barks for Bella Biker Games at Hampton Roads Harley-Davidson - Yorktown**  
9am to 5pm. Come out to show support to Barks For Bella. There will be vendors, motorcycle games. Hot dog on a string. Egg (ball) toss, Ball on cone, Slow ride, Bikini Bike wash (tips welcome), Claude n sayer will be playing from 1-4. We will also have "ItsAlways5" Radio there too. Prices for games will be posted soon. 50/50 raffle. Door prizes And vendors. Scentsy 31. Barks for Bella is a non profit organization that raises funds for Autism service dogs. The employees are all volunteer and make no money. All of the proceeds go to help Autism children get service dogs. [www.barksforbella.org](http://www.barksforbella.org) Hampton Roads Harley-Davidson, 6450 George Washington Memorial Hwy, Yorktown, VA 757-872-7223. [hamptonroadshd.com](http://hamptonroadshd.com)

★ **Aug 10 American Red Cross Mobile Blood Drive at Hampton Roads Harley-Davidson - Yorktown**  
10am to 3pm. Along with our "Barks for Bella bike games" event, the American Redcross will be out with the bloodmobile taking donations to help fill in the gaps of the #missingtypes. Hampton Roads Harley-Davidson, 6450 George Washington Memorial Hwy, Yorktown, VA [hamptonroadshd.com](http://hamptonroadshd.com)

★ **Aug 10 Beard & Mustache Contest - Virginia Beach**  
Think yours are the biggest, baddest, or best whiskers around? Time to prove it. Vintage Barber will be on site at Southside Harley-Davidson 10am to 2pm to judge our first Beard & Mustache Contest, with four different categories to choose from. Each category winner will receive prizes from both Southside H-D and the Vintage Barber. Stop by Southside Harley-Davidson in Virginia Beach, the Vintage Barber in Greenbrier, or the Vintage Barber in WB/Churchland and pick up your entry form today. Contestants must register by noon, judging starts immediately after. Winners will be announced by 2pm. 385 N. Witchduck Rd., Virginia Beach, VA., 757-499-8964. [southside-hd.com](http://southside-hd.com)

★ **Aug 16 HRHD Bike Night - Yorktown**  
5pm to 9pm. HRHD Bike Night is back with Live Music from NRVS System, and some badass street tacos from Frank's Monster Munchies. We will have vendors, Cold Beers, raffles, and more. Hampton Roads Harley-Davidson, 6450 George Washington Memorial Hwy, Yorktown, VA [hamptonroadshd.com](http://hamptonroadshd.com)

★ **Aug 17 Infotainment & BOOM! Audio Workshop – Virginia Beach**  
11am to 3pm. Explore the innovative Infotainment system that blows away most luxury cars. Pure sound. Big, full-color touch screens. Learn the ins and outs of both the previous and newest Infotainment Systems and H-D Boom Audio. Ross Sanchez of the Southside Harley-Davidson Service Department will be hosting both Beginner (11AM) and Advanced (2PM) Workshops. Attendees will receive 500 reward points in their account, and a 20% discount on all Boom! Audio devices immediately after the event. RSVP today, as both times with fill up very quickly. Reward points can be used to make purchases in our Parts, Motorclothes, Southside Harley-Davidson, Virginia Beach 385 N. Witchduck Rd., Virginia Beach, VA., 757-499-8964. [southside-hd.com](http://southside-hd.com)

★ **Aug 16 & 17 7th Annual Battlefield Bash & Music Festival – Lanexa, VA**  
Dedicated to helping the Veterans of Central Virginia. Presented by CVMA 27-3. Location: Ed Allen's Campground, 13501 Campground Rd., Lanexa, VA 23089. This is an awesome family-oriented event. Come out to enjoy all the FUN! Camping, Live Music, \*\*\$1000 POKER RUN (best hand) & \$250 (worst hand) through historical battlefields, People's Choice Bike Show, Door Prizes, Raffles, Cold Beverage Truck, Food Truck, Gear Vendors, Jewelry Vendors and more! Feel free to Pre-Register at <https://www.combatvet27-3.org/pre-registration>. We look forward to seeing you there!

# EVENTS

★ **Aug 17th God Bless the Children Run 2019 – Staunton**  
Sponsored by Staunton Moose Riders #1635. Ride to Moorefield, WV. After run activities: Food \* Pool \* Raffles \* Entertainment \* Dance \* 50/50 \* Cornhole \* Bike Show with Prizes \* Good People & Good Times! \$10 donation per bike for each ride. Registration is at 8:30am. Wheels roll at 9am from Staunton Moose parking lot at 139 Cedar Green Rd, Staunton, VA 24401. All proceeds go to Moose Heart Children's Fund. Summer of Fun Runs - Every 3rd Saturday through the summer.

★ **Aug 24 Hotrods/Harleys Open House & Yorktown Cars & Coffee - Yorktown**  
Our next Cars and Coffee will be Saturday august 24th, 2019. As always, this event is open to all people, rides, pets, and whatever....errr body just come. Cars and Coffee start at 9 am, and HRHD will have a bikini bike wash, and on site BBQ starting at 11. There will be a band as well. Come on out and show off your ride, get some coffee, food, and stay around to hear some live music. Hampton Roads Harley-Davidson, 6450 George Washington Memorial Hwy, Yorktown, VA [hamptonroadshd.com](http://hamptonroadshd.com)

★ **Aug 24 Bike Show / Bikini Contest & Livewire Event – Virginia Beach, VA**  
Bring a friend and come join us for a great day of fun. Tons of bikes competing for trophies multiple categories at our annual End of Summer Bike Show. Bring your bike to get washed by our bikini show contestants and see which one of these ladies will take this year's title home. Southside Harley-Davidson, Virginia Beach, VA, 385 N. Witchduck Rd., Virginia Beach, VA., 757-499-8964. [southside-hd.com](http://southside-hd.com)

★ **Sep 8 3rd Annual Red Knights 9/11 Ride - Prince George**  
Join the Red Knights Chapt 8 for 80+ scenic miles while remembering those we lost on 9/11. Registration starts at 7:30am at Prince George Fire Department - Company 1, 6500 Courthouse Road, Prince George, VA 23875. Blessing of the Bikes & safety brief prior to. Kickstands up at 9:11am. Ends at Namozine VFD. Registration before the event is encouraged at [www.RedKnightsVA8.com](http://www.RedKnightsVA8.com). Driver is \$20. Passenger is \$10 prior to 9/1/19. After or on-site, \$25 for Driver & \$15 for Passenger. Part of the proceeds will be going to help those in our community. See our website for more information & to register.

★ **Sep 14 6th Annual "Remember the Fallen Ride" - Norfolk/Virginia Beach**  
Registration starts at 0900, Sunrise Cycles, 1559 E. Little Creek Road, Norfolk. \$10 per bike. \$5 passenger. 50/50. First bike out at 1000. After Party starts at 1300, AJ Gators, 401 N. Witchduck Rd., Virginia Beach Raffle prizes. Best & Worst hand. Music by the Beach Blaster. All proceeds will go to charities of Blue Knights Virginia V. [BlueLineEventVA@yahoo.com](mailto:BlueLineEventVA@yahoo.com). Event coordinator Dan Mitchell, 757-288-5922. Rain date 9-21-19.

★ **Sept 21 2nd Annual Elevate Church BIKE-A-THON – Windsor, VA**  
Sept 21 - 10am to 2pm, 150+ Miles. Depart & Return location 23486 Deer Path Trail, Windsor, VA. There will be a "Meet & Greet" about the ride on July 27th at 3pm at Elevate Church Bldg. This ride benefits Hope Project, Brazilian Missions & the Youth Challenge. For more information contact Mike & Paula Apperson, 757-376-2453 or 757-636-1291. \*See flyer in this issue to use QR Code to sign up!

★ **Sept 29th 11th Annual The Pink Ride - Chesapeake/Virginia Beach VA**  
Supporting Local Individuals Fighting Breast Cancer! Hampton Roads Largest Charity Motorcycle Ride! Registration Begins at 9am at Big Woody's Great Bridge. Kickstands up at 11:30 to ride to AJ Gator's – Witchduck. Tickets: \$20 Rider, \$10 Passenger. \$20 Walk-ups and Non-Riders. Admission Includes: Hamburgers, Hotdogs, & Pig Pickin". Live Auctions, Silents Auctions, & Raffles. 100% of NET Proceeds Go to Support Local Breast Cancer Patients & Causes. For more info. Vendor & Sponsorship Opportunities contact: Buddy Cummings (757) 339-3156. or Email us at [info@thepinkride.org](mailto:info@thepinkride.org)

★ **Oct 6 VCOM Legislative Roundtable - Richmond, VA**  
Venue to be announced soon.

★ **Oct 12 IV King's Hwy Ride – Harrisonburg, VA**  
One day, one ride, one reason. Saturday Oct 12. Registration 10am. Kickstands up 11am. \$20 per rider. \$5 per passenger. Door prizes \* 50/50 \* Lunch after ride. Hot Dogs, Drinks & Tropical Smoothie Café on-site. Bikers with a Mission s hosting a ride and community event for our Community Place @ 17 East Johnson Street, Harrisonburg, VA 22802. Start and End ride at Our Community Place. More info: 540-421-7911 or [ourcommunityplace.org](http://ourcommunityplace.org).





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*It's amazing how many Motorcycle Laws are in effect here in Virginia that most motorcyclists have no idea that they even exist. You may be incredibly surprised as we bring you the full details each month, on Virginia's Motorcycle Laws. Many "Thanks" go out to the Motorcycle Law Group for providing us with this invaluable information for Virginia riders.*

#### Did you know . . .

Virginia motorcyclists may now use non-approved lighting to make themselves more visible at night. Motorcycles may be equipped with standard bulb running lights or LED pods or strips as auxiliary lighting. Such lighting must be either red or amber in color, directed toward the ground so that no part of the beam strikes the ground at a distance of more than 10 feet from the bike, and be designed for vehicular use. Such lighting may not be blinking, flashing, oscillating, rotating, or attached to the wheels of the motorcycle. Virginia Code § 46.2-1012."

If you have questions or comments concerning any of the laws affecting Virginia motorcyclists, contact Matt Danielson at McGrath, Danielson, Sorrell & Fuller, The Motorcycle Law Group. 1-800-321-8968 matt@motorcyclegroup.com Motorcyclegroup.com.



# VIRGINIA RIDER

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**You. Your motorcycle. The open road.** It's all you'll ever need, right? Well, clean underwear for tomorrow might be nice. And a few shirts, and a toothbrush, and maybe a camera. Plus a cellphone, a book to read and a sweater to wear to dinner. You know, come to think of it, another pair of pants and some shoes to replace your motorcycle boots would come in handy. So would a rainsuit, just in case. Pretty soon, it starts to add up. The fact is, whether you're headed out on a two-week trip or just picking up a box of cereal and a loaf of bread after work, there are times when you really need to carry stuff on your bike. And it's instantly obvious when you look at most motorcycles that they weren't designed to haul large quantities of anything. Fortunately, you aren't the first person to discover this. Lots of riders have faced the dilemma of getting something from here to there over the past century or so. And they've come up with plenty of innovative ideas—some of which are likely to be right for your bike. Here, you'll find a rundown of the major categories of motorcycle luggage, from cramming stuff into your jacket to high-end hard bags. We list the pros and cons of each, give you tips on what to look for when buying and show you examples of some of the more interesting products in each category.



## A GUIDE TO CARRYING STUFF ON YOUR MOTORCYCLE



### Backpacks

Sometimes you're not riding coast-to-coast. Sometimes, you're just headed to the office, or out on a day-trip. All you really need at times like those is a way to carry some files and computer disks, or a rainsuit and some water and snacks for a midday break.



### Rear-seat Bags

If you're traveling alone, one of the most logical places to carry clothing or gear is on the passenger seat. And a number of companies offer rear-seat haulers that make the process convenient.



### Tank Bags

Tankbags are religion. Those who've been converted will tell you they do everything from making sure you don't get lost to curing baldness.



### Soft Saddlebags

When most people think of adding luggage to a motorcycle, they think of soft saddlebags. These versatile carriers have been around since before Pony Express riders were hauling mail in the Old West.



### All-In-One Bags

Own a cruiser? Want to turn it into a touring bike? Then you probably already know about one type of all-in-one luggage known as back-rest bags.



### Hard Saddlebags

Hard bags provide a lot of protection that soft bags can't. They're a great choice but pricier than soft bags.



### Integrated Luggage

None of the above is quite good enough for you? There's still one more choice—let the motorcycle manufacturer incorporate carrying capacity into your bike.



# WIN A FREE BIKE

OUR 2019 BIKE GIVEAWAY IS NOW OPEN!

THE WINNER WILL RECEIVE A 2019 DUCATI SCRAMBLER

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<https://motorcyclawgroup.com/free-bike/>

The drawing will be held November 1, 2019.



- Must be a licensed driver over the age of 18.
- Need not be present to win.
- Registrations must be received by October 15, 2019.
- Drawing will be held November 1, 2019. Winner will be notified by email and regular mail.
- Winner will be responsible for Income tax, local taxes and insurance.
- Tom McGrath's Motorcycle Law Group® will pay sales tax and first year's registration.
- Limit one entry per person.
- Winner must provide necessary documents to title and register the motorcycle. The motorcycle must be titled to the Winner.
- Winner will be posted as soon as we have contacted them and have their permission.







# GREAT PLACES TO RIDE

with Marc Ritchie and Rose Grant

## Water And A Wing



With warmer temps finally arriving this summer, Rose and I were officially in “demesh mode.” The seemingly endless cycles of zipping in and removing liners was now behind us, and the sacred closet would remain largely intact, with all of our heavier gear. Regardless if it was going to be Smashing Pumpkins or Pearl Jam weather (high in the 90s), it was quite time enough we started featuring destinations with water.

The day was going to be special and we could sense it. Even though some idiot thought the stainless steel cream dispenser contained maple syrup for his once perfect pancakes earlier at Kathy’s, things began to take shape in amazing form, as soon as we arrived at Wayne Cycle Shop for the day’s ride.

Jennifer and Adam had a very wonderful surprise for us. They were putting Rose and I on a brand new Gold Wing Tour in beautiful Pearl Hawkseye Blue! We hadn’t ridden the new version yet, so we were extremely excited, and brimming with anticipation. Zing gave us a comprehensive overview and answered all of my

questions: you know, the important ones like, “How do I pair my phone” and “How do you work the radio?” There was just one more question that I almost forgot to ask before we departed, “How does it start?”

Everything appeared to be more streamlined and compact, yet with more functionality than its older siblings. We didn’t have an iPhone for the Apple CarPlay feature, but pairing an Android was simple and even worked once Jennifer showed me the “Source” button under the toggle on the left hand control. There was so much information displayed. I took a few moments to let it all soak in. Zing had set the suspension preload for two up and showed us the electronic throttle’s four ride modes: Tour, Sport, Econ, and Rain, that adjusts suspension damping as well. I made a firm mental note (whatever that is at my age) of two areas: the gear indicator and fuel gauge.

My first impression was, “Boy, this thing is light!” In addition to being nearly 90 pounds lighter than its predecessor, the new fork design and shorter engine, places the rider closer to the front wheel, making this machine feel more nimble than anything I’ve ever ridden shy of sport bikes. It all scores big points for braking too, as Rose and I experienced when Captain Manslaughter pulled out in front of us on 340 at highway speeds. As if nearly everyone in the motorcycling community wasn’t already more on edge to some degree by the senseless tragedy earlier in New Hampshire, one more jackass was making sure we stayed that way. Like its prior generation, the brakes are linked with ABS, and extremely effective with very little effort. And they will have any passenger firmly against your back, without any notable loss of handling, in a threshold stop situation. The bike also boasts a very, very loud horn.

Setting the cruise heading up Swift Run Gap, the new 1833cc engine was humming along at a modest 2000 RPM without any indication of lugging on the climb. Switching to “Sport” mode

once we got into the turns resulted in a more aggressive throttle response, and something we’d never really noticed on a Gold Wing before: a little bark from the exhaust, especially on decel; which also did a nice job slowing us down. Trail braking on the leeward descent and effortlessly rolling in and out of turns created an ear to ear grin, until we caught up to one of the most feared and loathed vehicles in all of motorcycledom: the dreaded minivan.

It wasn’t all bad. We were near the bottom of the hill which gave us a chance to catch our breath. And it was only a few miles before our Google guide with newly programmed British accent, instructed us to turn, bailing on our Bogart friend.

My intent was to get a pic of the GL with a water backdrop. I thought Lake Anna would do the trick. Besides, we hadn’t been to Tim’s before. We were on some very nice back roads with highway speed limits, no paint, and pickup trucks doing a fine job of running blocker. There wasn’t much to look at, but they were sure fun to ride with this amazing machine.

In all my travels to the Lake, I’d never been to the state park before. And the only pics I ever took of a bike with the lake, was stopped on one of the bridges years ago, just begging to get punted into the water by someone not expecting a group of bikes where they shouldn’t be. The friendly guard at the gate kindly waived the seven dollar parking fee once we told her we were just there for a picture. We found a strategic spot in some shade on



the side of the road that did the trick, and we went about our way. For those interested in staying a while, there’s a beach and cabins for overnight lodging. You can check out [www.dcr.virginia.gov/state-parks/lake-anna](http://www.dcr.virginia.gov/state-parks/lake-anna) for more info.

Tim’s at Lake Anna Restaurant & Crabhouse was a short 15 minute ride from the park. There was outdoor seating, but Rose and I enjoyed some much welcomed air conditioning in their massive dining room with a nice view of the water. My blackened rockfish sandwich was very tasty as was Rose’s crab salad. I thought to myself, “A place this big, could host a bike event.” And sure enough, on their website, they’re hosting a Motorcycle Poker Run and Bike Show on September 21st. They even had a Motorcycle Grand Tour of Virginia flyer posted. That’s our kind of place! And who are we kidding? With three other locations as happening as this one, most of you already know how great these places are. Here’s a link for more events and info: [www.timslakeanna.com](http://www.timslakeanna.com).

We quickly bailed off the highway heading back. One: it was a highway. Two: we were low on fuel. I’m blaming “Sport” mode. We didn’t want to go back. I joked with Rose at the overlook on Afton Mountain before we returned, “I wonder if they’ll miss the bike in a week?” But seriously, go see Jennifer, or one of the other motorcycle enthusiasts at Wayne Cycle Shop, and check it out for yourself!

I never imagined as a kid riding dirt bikes, that I’d ever be riding something this futuristic. I know not everyone is a fan of all the tech these bikes have evolved with. And I get how romantically nostalgic it is to strap everything possible to a naked bike and take off with a map taped to the gas tank. I’ve been that guy. I guess it just has to do with age. As I’ve grown older, I’ve come to the realization that it’s the finer things in life that separate enjoyment from routine. And there comes a time when seasoned riders no longer want to fool with a shock wrench or manually checking tire pressures if they don’t have to. Having the capability to stop with Formula 1-like results without wrecking, and locking up everything with the push of a button, are just some of the things that make riding more enjoyable. Noticing more and more sand in the bottom of the hour glass each day than the top, I just want to ride and not waste time tinkering with sh\*t. And on a ride like today’s, two up on everything from highways to mountains, I can’t think of a bike I’d enjoy more!

Cheers and thanks for reading!!

Marc Ritchie  
Photos: Rose Grant  
Correspondence: [facebook.com/brmtcva](https://www.facebook.com/brmtcva)







*"Your word is a lamp for my feet, a light on my path." – Psalm 119:105*



exit toward the outside. Or when I think I need to check the ground instead of keeping my eyes on where I am going in the corner, chances are I am going to the ground, where my eyes are leading. Or another example, when I'm riding on gravel or unstable surfaces, it's best to let the bike ride its own ride, without manipulating the handlebars and trying to make the bike go my way. I must trust the bike and the physical laws that control it, not my own imagination.

Now there is no comparison of course between The Creator of the Universe and a motorcycle, but there is a connection between trusting God and trusting your motorcycle. The basic message is: "Don't trust your own way, and the result will be better."

We try to be in control by planning, coercing others, figuring out the best way we think it should go. In other words, by leaning on our own understanding. But that method often doesn't work out for good. Most of our logical thinking is boxed in by the limitations of our humanness. We are not able to see the beginning and the end, but God can. He is omniscient, able to see the beginning to the end. Why would I not rely on Him rather than my own way of seeing things?

The verse in Proverbs that I started out with ends this way: In all your ways, acknowledge God...and He will make your paths straight. – Proverbs 3:6

Every motorcyclist knows that having a straight path (even in a turn) is a smart way to ride. Why depend on my own way of seeing things, when I know the One who created the path?

*Kathryn Hamman is a member of the Christian Motorcyclist Association and teaches GED classes in a regional jail in Virginia. She rides a 650 Vulcan S and appreciates every moment God gives her to ride.*



## Learning to Lean

*Trust in the Lord with all your heart, and don't lean on your own understanding. – Proverbs 3:5*

This verse in the book of Proverbs is one of my favorite Bible verses. It says to me that when I consider my future, I am not to depend on the way I see things, or how I reason, but to rely on God to lead me.

Unfortunately, trusting in myself is my normal tendency. I almost always interpret the world through my own thinking, my own experience, my own culture, my own knowledge, my own worldview. I tend to filter everything through what I believe to be true. But this verse tells me to trust in God instead.

The best analogy I can think of is when I first started to learn to ride a motorcycle. I did this at a fairly advanced age (for motorcycling) and I had spent several decades filtering the world through my own eyes. In many ways motorcycling defies logic: for example, if I want to turn right, I need to press on the left handlebar. It's called counter steering and it makes no sense. Yet, it works. It also defies logic that the best way to take a curve is to see it as a straight line: entering from the outside, apex near the inside and

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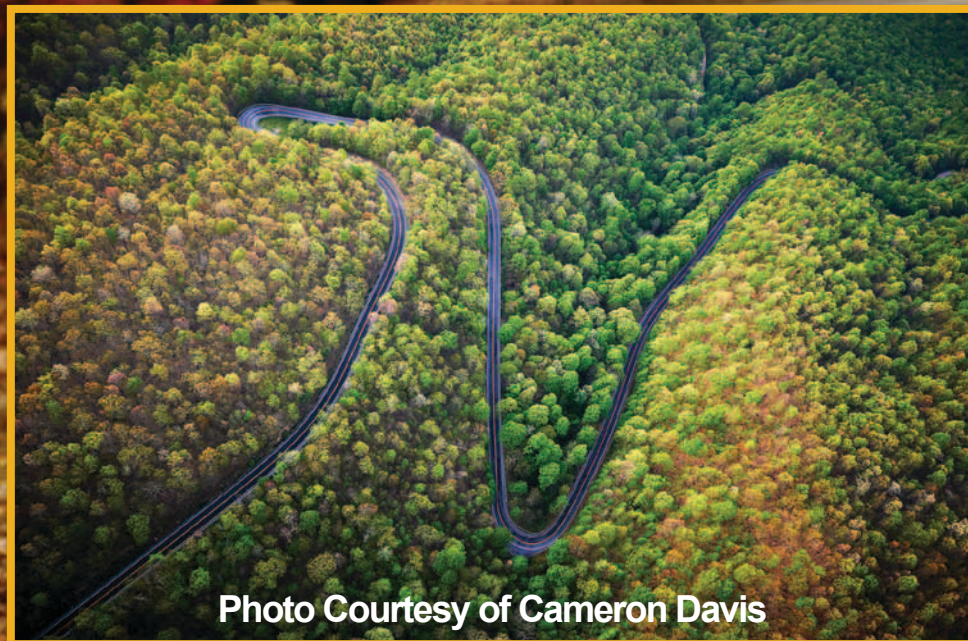


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# RRRuff Riders



## BOB MARLEY

By Leslie Keskinen (stepdaughter to Bill Cunningham) & Bill Cunningham  
We adopted Bob Marley in early spring this year from a dog rescue in Flint, MI. Good Karma Pet Rescue (April 9th). He started riding with my step dad by the middle/end of April. Biker Bob Marley has at least 1500 miles under his belt so far. He went to The Blessing Of The Bikes in Hell, MI. He has also made some trips to the Jiffy Mix Factory (Chelsea Milling, Chelsea, MI). He has also started collecting pins for his riding bag from various Harley dealerships in the area. People often pull up alongside us while we are on the bike and are taking pictures, or giving us a thumbs up sign. When we take him to dealerships or gas stations people will walk up and ask to take pictures with Bob Marley. If you'd like to see more of Bob Marley, you can find him & follow him on my step dad's Instagram @lumberjackbill81 or @biker\_bob\_marley on Instagram as well.



## VIRGINIA RIDER

Magazine



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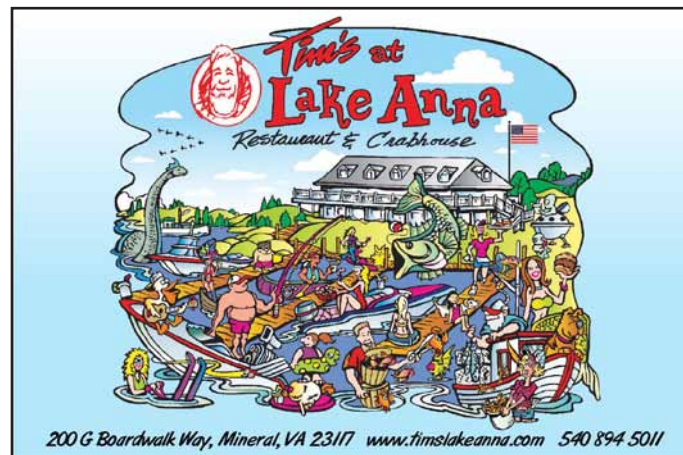


# SHOTZ

Got SHOTZ? Email us at [virginiaridermagazine@yahoo.com](mailto:virginiaridermagazine@yahoo.com)







# GOOD FOR YOU

## BEDTIME SNACKS FOR A WINNING RIDE

It's so important to have a good night's sleep the night before riding. One of the ways to help you get good quality sleep is to have a bedtime snack, plus, It's really hard to sleep anyways if your stomach is empty. Having a "bedtime snack" can give you a more restful, sound sleep since your hunger will be satisfied. Here's some healthier choices for grabbing a little "something" before turning in to help you catch some great z's:

**Nuts** - Besides being filling and incredibly delicious, nuts have tryptophan, that amino acid that sends you into a food coma after Thanksgiving dinner. Tryptophan converts to serotonin and melatonin, the brain's natural relaxation chemicals.

**Crackers & Peanut Butter** - People usually pick carbs if they decide to eat anything before they go to bed, but the issue with simple carbs is that they can cause a sugar crash and wake you up in the middle of the night. So go with whole wheat crackers to fill you up & spread on your favorite brand of peanut butter for the added benefit of protein.

**String Cheese** - Not only is string cheese absolutely delicious and fun to eat, but it also provides lean protein, which will leave you calm and less frazzled while keeping your blood sugar on an even keel throughout the night.

**Greek Yogurt** - Greek yogurt has long been heralded as a perfect snack, and trust us, it's perfect for right before bedtime. Greek yogurt has a lot of calcium and protein, and a small amount of it fills you up. You can even add some honey or maple syrup to sweeten things up a bit.

**Raw Vegetables** - You might not find baby carrots, red peppers, and cucumbers all that appealing, especially right before bed, but drizzle some balsamic vinegar on them and you'll be singing a different tune.

**Chamomile Tea** - Obviously you want to avoid any and all caffeine before bedtime, but some decaffeinated teas can sooth you and relax your system. Hot liquids send a warmth coursing through you, which can help you fall asleep.

**Milk** - If you're falling asleep on your feet and you don't have time to get a snack for yourself, at least gulp down a glass of milk. Calcium is effective in stress reduction and stabilization of nerve fibers, including those in the brain.

**Edamame** - It may seem unorthodox, but the natural estrogen-like components in lightly salted edamame can combat the restlessness that plagues many people in sleep. Eat a bowl while reading before bed, and enjoy your dreamless sleep.

**Cherries** - Scientists aren't entirely sure why, but cherries, particularly tart cherries, can boost the body's supply of melatonin, which can help people with insomnia. Having a serving of fresh, frozen or dried cherries before bedtime can't hurt.

**Bananas** - Easy and incredibly effective, bananas naturally relax you and slow your pulse so you can to concentrate on what humans do best: sleeping.





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# MAKING TRAX

With Jennifer Traxler

**Yeah, I know.** We don't wave at them because they aren't "bikers" but they are taking the same risk as we do on two wheels. They may be taking more of a risk since they can legally only go 35 miles per hour. Many of the riders are students, commuters, people who choose not to have a driver's license or who have lost their driver's license for one reason or another, or folks who just want a fun little street legal vehicle to bop around to car or horse shows or around the lake or campground. I'm talking about mopeds!

Mopeds are classified as a scooter of 50cc or less. As a moped rider you only need a government issued photo ID, not a driver's license, and be at least 16 years old. For many years, mopeds didn't require registration. Now, they are required to have a hard tag and registration. The state even has special moped tags! Insurance is not legally required, but insuring them is usually very inexpensive so I always encour-

age my customers to insure them if possible. Mopeds are not required to get an annual safety inspection, so you should probably ask your service department to check all the lights, horn and brakes when you bring it in for its regular maintenance. Mopeds originally had pedals which made them literally bicycles with motors, and were illegal in many states. The first Honda to arrive in America was, by today's standards, a moped, the Super Cub, when the American Honda Motor Company was founded in 1959! Mopeds didn't sell well initially, but really caught on in America in the late 70s during the national energy crisis when people needed an inexpensive way to get around. They were so popular, even Montgomery Ward and Sears, Roebuck & Co sold mopeds! Virginia was one of the first states to legalize the use of mopeds on public roads. Wayne Cycle, along with many other dealers within the Virginia Motorcycle Dealer Association, helped develop a bill within the legislature that allowed scooters 50cc or less to be classified as a moped, and did not require pedals. Throughout the years, limits on horsepower and speed limits have changed for a scooter to be classified as a moped (therefore, not requiring a driver's license, state inspection or insurance) but currently there is no limit on horsepower as long as the engine size remains 50cc or less. Roughly 40% of our moped sales are to college students, but they are also extremely popular with retirees and RV camping enthusiasts! Most mopeds have a curb weight of approximately 200 pounds. They are lightweight and so easy to ride and maneuver! Our very



own Greg Hensley (son of our founder, Wayne) rides a Yamaha Stratoliner (1900cc!), but still brings his two mopeds to the beach every summer! Heck, mopeds get over 100mpg! Why not bring them on vacation or have one to commute!

There are many manufacturers of mopeds; Italian, Japanese, Korean, Chinese and even American. Some with excellent reputations, with ease



UVA freshman football player Sam Galletta  
photo by Mike Thompson



2019 Honda Metropolitan and Ruckus models. Photo by Jennifer Traxler

of service and parts purchase, and some that have only mail order parts with nothing for service support. Honda mopeds is the biggest selling brand worldwide. New mopeds come with a one year limited manufacturer's warranty, which can be extended to five years. Honda dealerships are aplenty so there is always a place to bring your moped for parts and service! We all make mistakes. Some make the dangerous choice to drink and drive and are caught and prosecuted. How can they still get to work or school or even to the grocery store without a driver's license? A moped is certainly an option for those with limitations, as long as they are in full compliance with all requirements imposed by DMV and the court. It gives them a source of transportation while they earn back their driver's license privileges.

DOT approved helmets are still required for both rider and passenger of mopeds. Eye protection is only mandatory for the rider if the moped does not have a windshield. With so many stylish and safe helmets out there, there is certainly something perfect for everybody!

In closing, I'd like you to reconsider moped ownership and their owners. Mopeds are versatile and useful and their owners are regular folks like you and me! Many of them may graduate to motorcycle ownership and many already own motorcycles! Mopeds have certainly earned their place in the motorsports industry and we certainly love them at Wayne Cycle Shop!!

*Jennifer is an avid Virginia rider and Sales Consultant at Wayne Cycle Shop in Waynesboro, VA*





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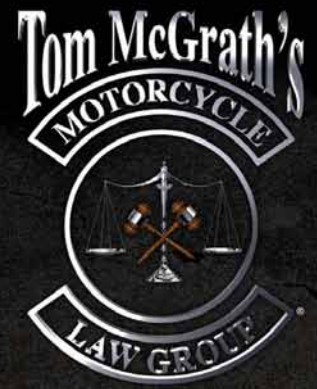
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### WHY WE MOTORCYCLISTS SHOULD NOT WANT VIRGINIA TO CHANGE THE DEFINITION OF A SALVAGE VEHICLE

July 24, 2019

The Chairmen of the Senate and House Transportation Committees requested that a committee be formed over the summer to look at the proposed change to Virginia law as it pertains to the definition of a salvage vehicle. For those of you who followed last year's session, you will recall that there were two identical bills, Senate Bill 1364 and House Bill 1780, that would have changed the definition of a salvage vehicle by removing the requirement that the vehicle be a late model vehicle. A late model vehicle is a vehicle of the current year, or previous five years. Susan Gaston and I have been representing the Virginia Coalition of Motorcyclists (VCOM) on the committee. We have been clear in our stance that VCOM opposes these bills as they would have an adverse effect on the ability to rebuild a totaled motorcycle and put it back on the road with a clean title. Many times, older motorcycles are totaled due to cosmetic damage only; this is because of the lower value of many motorcycles as compared to cars. Under the proposed change in law, such motorcycles would become salvage vehicles, where currently that would not necessarily be the case.

By way of example, consider this situation. Mandy has been riding her trusty 1992 Honda Nighthawk that she bought when she first started riding. She has bought newer and larger bikes but can't part with her Hawk. She loves it. On the way home from the annual VCOM legislative Roundtable (which this year will be held in Richmond, Virginia on October 6th at 1:00 pm – venue to be determined) the driver of an SUV, who was checking updates on Facebook, cuts Mandy off, forcing her to take evasive action which causes the bike to go down. Both Mandy and the bike have some scuffs and scrapes but are oth-

erwise fine. However, because her bike is only worth a couple of grand, the cost to repair the bike exceeds the threshold to declare it a total loss. Under current law, Mandy can simply accept the value of the motorcycle from the insurance company, less the salvage value, and keep the bike. She can then make the necessary repairs, if any, to get her trusty scooter back on the road. Under the proposed change in the law she could not. The motorcycle would have to carry a salvage title, which can affect the ability to insure the vehicle, and the ability to put that bike back on the road.

While it appears that the tide has turned strongly against making a change to the law, the committee has not yet made any formal recommendations. We expect that at the conclusion of our work, there will not be an endorsement to make a change to the law. That does not mean that there will not be similar legislation next year. The company urging a change in the law describes itself as a "provider of recycled original equipment (OE) auto parts for cars and light-duty trucks requiring collision or mechanical repair." In other words, they have a financial interest in creating more salvage vehicles. As such, it would not be surprising to see this bill again next year regardless of the decision made by the committee. VCOM was created to protect the rider, and we believe that the proposed change to the law would be detrimental to the Virginia rider. For that reason, VCOM will continue to oppose it.

As usual, if you have any questions or comments concerning this matter, or any other matters affecting motorcycling, please do not hesitate to contact me. In the meantime, ride safe and ride free.

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**Kickstands up:** 11:30 a.m. to AJ Gator's - Witchduck  
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**Rider:** \$20 - **Passenger:** \$10 - **Walkups and Non-Riders:** \$20  
**Admission Includes:** Hamburgers, Hot Dogs, and Pig Pickin'

**For More Information and Sponsorship Opportunities Contact:**  
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## [thepinkride.org](http://thepinkride.org)

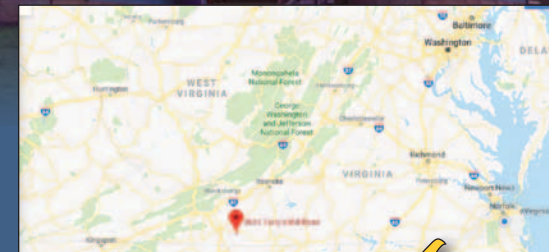


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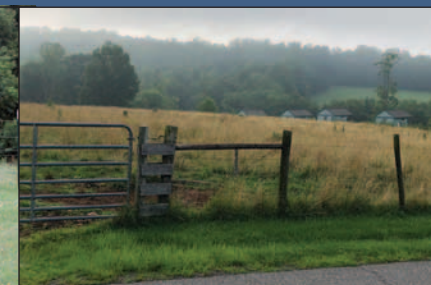
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| MINI-FRIDGE                            | ♦ FIRE PIT AND BENCHES                 |
| COFFEE POT W/ COFFEE                   | ♦ HORSESHOE AREA                       |
| MOUNTAIN SPRING-FED WATER              | ♦ GAS & FOOD WITHIN 7 MILES            |
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**Claw**  
OF THE DRAGON

**BACK**  
OF THE DRAGON

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TO LEAVE IT PARKED UNTIL MORNING.



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RIDE SMART. RIDE SOBER.